

Fatherhood and Faith: A 6-Week Discipleship Guide**

Rooted Legacy Ministry Inc.

Purpose:

To equip men to lead spiritually in their homes, churches, and communities by embracing their God-given role as fathers and disciple-makers.

Format:

Each week includes a central theme, Scripture focus, core teaching, discussion questions, action step, and a reflection challenge.

WEEK 1: The Calling of a Father

Scripture Focus: Malachi 4:6, Ephesians 6:4

- Theme: Rediscovering God's design for fathers to be spiritual leaders and legacy builders.
- Discussion Questions:
 - What is the cultural narrative around fatherhood?
 - How does Scripture reshape your view?
- Action Step: Write a letter to your child(ren) or future child about the father you aspire to be.
- Reflection: What legacy are you building?

WEEK 2: Identity and Integrity

- Scripture Focus: Psalm 112:1–2, Proverbs 20:7
- Theme: Becoming men of character whose faith defines their fatherhood.
- Discussion Questions:
 - Where do you struggle with integrity?
 - Who is a role model of godly fatherhood in your life?

- Action Step: Identify and eliminate one area of compromise this week.
- Reflection: Are your children seeing Christ in you?

WEEK 3: Spiritual Leadership at Home**

- Scripture Focus: Deuteronomy 6:6–9, Joshua 24:15
- Theme: Leading your family in worship, prayer, and biblical instruction.
- Discussion Questions:
 - How often does your family pray or study Scripture together?
 - What are the barriers to leading at home?
- Action Step: Lead a family devotion this week.
- Reflection: What fears do you need to overcome as a spiritual leader?

WEEK 4: Love and Discipline

- Scripture Focus: Hebrews 12:6–11, Colossians 3:21
- Theme: Balancing grace and truth in discipline, modeling God's heart.
- Discussion Questions:
 - How do you discipline with love rather than anger?
 - How do you restore connection after correction?
- Action Step: Have a grace-based conversation with your child(ren) this week.
- Reflection: What does your child learn from how you handle mistakes?

WEEK 5: Provision and Sacrifice

- Scripture Focus: 1 Timothy 5:8, John 15:13
- Theme: Providing more than finances—time, presence, emotional support.
- Discussion Questions:
 - What do your children truly need from you?

- How are you modeling sacrifice?
- Action Step: Plan an intentional day or activity with your child.
- Reflection: What distractions do you need to eliminate to be present?

WEEK 6: Leaving a Legacy of Faith

- Scripture Focus: 2 Timothy 2:2, Psalm 78:5–7
- Theme: Multiplying your impact through intentional discipleship and generational faith.
- Discussion Questions:
 - Who are you discipling or mentoring?
 - What do you want your children to remember about your walk with Christ?
- Action Step: Write a family mission statement or blessing.
- Reflection: How will your faith echo beyond your lifetime?

Suggested Group Practices:

- Weekly accountability check-ins
- Scripture memory (1 verse per week)
- Prayer partners

Optional Add-ons:

- 21-Day Fatherhood Devotional
- Fight Club Accountability Guide
- Family Legacy Planning Worksheet

For use in churches, small groups, men's ministries, or one-on-one discipleship. Contact Rooted Legacy Ministry Inc. for facilitation training and printing permissions.