

Fight Club Discipleship Guide

Rooted Legacy Ministry | Discipleship for Men

Overview:

Fight Club is a 2–4 man discipleship group designed to cultivate brotherhood, accountability, and spiritual growth. Rooted in Proverbs 27:17—"As iron sharpens iron, so one man sharpens another"—these groups exist to help men fight for their faith, their families, and the next generation.

Group Purpose:

- • Encourage spiritual consistency
- • Foster honest, grace-filled relationships
- • Equip men to disciple others
- • Apply Scripture to real-life leadership challenges

Structure:

Meet Weekly or Bi-Weekly (60–75 minutes)

Quiet Time Check-in

- • Share one insight from your Bible reading this week
- • What verse challenged or encouraged you?

Confession & Prayer

- • Is there any sin you need to confess?
- • How can the group pray for you?

Scripture Discussion

- • Use a weekly Scripture focus or follow a reading plan (e.g., 21-Day Bible Plan)
- • How does this apply to your home, work, or leadership?

Action & Accountability

- • What's one step of obedience or leadership you need to take this week?
- • Who will you share this with?

Guidelines for Healthy Groups:

- • Confidentiality: What's shared in Fight Club stays in Fight Club.

- • Courage: Speak the truth in love, even when it's hard.
- • Consistency: Show up. Be real. Keep growing.
- • Christ-Centeredness: Keep the focus on Jesus and the mission.

Fight Club Covenant:

We commit to:

- • Regular attendance and engagement
- • Honest sharing without judgment
- • Mutual encouragement and prayer
- • Pursuing transformation, not just information
- • Multiplying the mission by discipling others

Signed: _____ Date: _____

Signed: _____ Date: _____

Signed: _____ Date: _____

Signed: _____ Date: _____

Suggested Tools & Resources:

- • Every Man A Warrior book or journal
- • ABC Quiet Time Journal (Ask, Believe, Commit)
- • Scripture Memory System (e.g., Level 7 Verses)
- • "Fatherhood & Faith" Companion Guide (Fall 2025)

Get Started:

- • Form your group of 2–4 men
- • Pick a regular meeting time and place
- • Choose your first Scripture focus
- • Start sharpening each other—with grace and truth